Ten Places to Meditate Before You're Spiritually Enlightened

- In a quiet room
- Outside, in nature
- In a church
- In a meditation center
- In a temple
- In a monastery
- In a yoga studio
- By the ocean
- At the foot of a tree
- In the company of spiritually awakened beings

Ten Places to Meditate After You're Spiritually Enlightened

- Anywhere
- Anywhere
- Anywhere
- Anywhere
- Anywhere
- Anywhere
- Anywhere
- Anywhere
- Anywhere
- Everywhere