

Singing with a group

Spiritual Wisdom

Where two or more are gathered in my name, there am I in the midst of them.

— *Matthew 18:20*

Inspiring words about the power of divine song

Singing is a universal way to praise and connect with God. Here are some examples of the importance of spiritual singing from several traditions, beginning with a message for those of you who think you can't sing:

- If you can walk, you can dance. If you can talk, you can sing.
— Traditional African saying
- There are halls in the heavens above that open but to the voice of song.
— The Zohar
- I will sing thy name, I will drink thy name, and get all drunk, oh, with thy name.
— Yogananda Paramahansa
- O God, I will sing a new song to you; with a ten-stringed lyre I will chant your praise.
— Psalms 144:9

Group devotional singing or chanting is a powerful practice to support and nourish your spiritual quest. You can find devotional singing in various church and temple programs, from singing Latin vespers at Catholic churches and monasteries to the ever-growing popularity of Indian kirtan chanting in yoga studios.

The group dynamic is especially helpful for releasing the joyful spirit of spiritual singing and chanting. There is something about group singing that creates a uniquely sweet power. When you have a group singing or chanting together with devotion, the entire room becomes filled with a great spiritual energy.