

Unlocking the scripture of your own life

You may read the title “unlocking the scripture of your own life” and wonder how *your* life could possibly be a holy scripture. After all, you’re living a more or less ordinary life, and there are so many other people in the world — you’re just one more. People live and die every day, so how could your life be special?

According to spirituality, each person is more than special. Each person is a flame of this divine creation. Spirit is in everything, and divinity is everywhere. Therefore, if you’re looking to discover and explore this great spirit that exists everywhere, why not start your explorations right at home?

Spiritual Wisdom

Every man’s life is a fairy tale, written by God’s fingers.

— Hans Christian Andersen

After all, you can know nothing as intimately as your own experiences: your mind, your body, the dreams you have, the deep urges and emotions that sweep through your being, the joys and sorrows you feel, the hopes you carry in your heart, the goodness hidden behind your highest intentions, the confusions you struggle with, and the insights you catch.

Yet, even with all these experiences to draw from, you may still miss many of the subtle and profound aspects of events while you’re right in the middle of moving through them.

By taking time to contemplate with an overall view the wealth of lessons that is being offered to you in each moment of your life, you discover and gain more respect for the amazing depths of who you are and all that you think, feel, and believe.