

## Chapter 4

# Exploring Your Soul's Journey

### ***Topics in this Chapter:***

- \* Remembering why you're here
- \* Gaining benefits from every experience
- \* Unraveling the mystery of death

Here you are — in your body and in this world. There's no sense in worrying too much about how you got here, since you're already here. A better approach is to focus on what you should be doing now that you're here. But where is the instruction manual?

Chapter 3 guides you into a greater awareness of who you really are. Here, in Chapter 4, you find more big questions of life:

- Why are you here?
- Is there something specific that you're supposed to do?
- Where will you go next?

The theatre doors are open — come on in and watch the play of your life.