

## ***Great things about being spiritual today***

The quest for spiritual realization is as valid and important now as ever, and today's technologies and advances offer an abundance of benefits to bless your vibrant spiritual journey. Here are some of the great advantages for spiritual seekers today:

- Recent advances in science and technology mean that more information about this world and your mind and body is available to contemplate and consider.
- Relatively widespread freedoms of religion around the world allow you to craft your spiritual beliefs in a personal way.
- Today's longer life spans give you more time to learn and grow.
- Running hot water — because hot showers must automatically be included on all lists about what is good about today!
- Magnificent telescopic photos of the universe are available to remind you of how big it all is.
- Wisdom from cultures past and present is readily accessible in libraries, bookstores, and at the click of a mouse.
- More time is potentially available than when people had to carry water from a well, cook meals over open fires, and milk the cows before dawn.
- Convenient opportunities for transportation give seekers the ability to go on spiritual pilgrimages and experience other cultures.
- More movies, television programming, news stories, and documentaries can give opportunities to contemplate and grow from a massive array of life lessons without having to travel to each place or go through each experience and event yourself.