

GOD: Generous Omniscient Divinity

When you talk about spirituality, you have to also talk about God. Who is God? What is God? Is God?

These questions have been asked and answered in countless ways throughout human history. Some ancient ancestors sacrificed animals at the altars of stone representations of God, while others worshipped a multitude of colorful gods with strikingly human traits and desires. Some believe God is a conceptual repository for all the questions that have not yet received acceptable answers, while others speak to God as a child might address his or her mother or father.

What is God to you? Were you made in His image? Is God alive in your life? Did He die for your sins? Is She showering you with blessings or sending arrows into your heart? Is He keeping track of whether you've been bad or good (so, be good, for goodness sake!)?

In the beginning, there was nothing. God said, "Let there be light!" And there was light. There was still nothing, but you could see it a whole lot better.

—Ellen DeGeneres

Many people are fair weather friends with God. They ignore God when things are going well, and as soon as disaster hits, they'll be saying, "Um, God, remember me?"

Be Careful

Don't wait for a disaster to think of God or talk to God, or God may find that disaster is the best way to ring your phone!

In fact, you can make God an integral part of your daily life in a real way, where an open line of communication is gently present in even your smallest actions and thoughts.