

Have a Good Sense of Humor

As Chapter 17 explains, God is funny. Life is funny. Turns of events are funny. Even suffering can be funny. And more than anything else, truth is funny.

Have you ever noticed that most of the best comedians are usually just saying what they really think? The audience laughs, in part, because the comedian has dared to speak his truth and say what the audience may not have been bold enough to proclaim.

Laughter is the wine of the soul. When you laugh with pure delight, know that God is laughing with you. Like God and spirit, humor is present through the ups and downs of good and bad times. With a good sense of humor, you laugh when you're happy and can even laugh while you cry. Humor is a great friend on your journey!