

Why do you think they call it realization?

The state of enlightenment is also called self-realization or God-realization. It's called "realization" because the great, enlightened beings have "realized" one fact — a fact that has implications on every element of life as they know it.

They've realized the omnipresence of divinity. They've realized that everything is one, and that knowledge and the knowing of that knowledge are inseparable. They realize that what you see is what you get, what you get is what you see, and what you see is who you are. In other words, it takes one to know one. We are the world, indeed.

Don't Forget

Realization is not just about reading some words and being able to discuss or debate them; but rather to realize the essence behind spiritual insights such as "In the beginning was the word, and the word was God," "Everything is one," "The kingdom of Heaven lies within," or "Thou art That."

Once you realize the essence of spiritual teachings and make them an integral part of your reality, these teachings filter through and transform your entire world. Your sense of limited individuality fades like a mirage that had been blocking the bright sunlight of supreme truth. As this supreme light blasts through you unimpeded by mortal illusions of limitation and separation, you become enlightened. You emanate not only your own personal human light, but also a higher, more universal light.

Consider

Before becoming forever established in the highest realization, you may touch that enlightened space for a while and then return back to limited thinking. Even when you're feeling limited, remembering the higher spaces you've touched helps to keep you moving forward toward your divine birthright of knowing who you are in the highest sense at all times.