

## ***Accepting the inevitable***

Okay, so sometimes you don't get exactly what you want, no matter how many collages you make or how many times you affirm that you have it. The house mortgage you wanted falls through, your new car gets damaged, the university doesn't accept your application, or your money at hand doesn't add up to the stack of bills on your desk.

Here's another not-so-secret of life: Don't expect things to be what they're not, or you'll be disappointed. Feeling disappointed can also lead to feeling disheartened, which can have even more detrimental effects on your ability to achieve your goals. Therefore, you should always keep the door open for the possibility that the universe could respond to your petitions and affirmations with a clear and concise "No." Just assume that something even better is in the works and do your best to stay light-hearted and positive while enjoying your present moment as it is, warts and all.

### **An example of accepting the inevitable**

Even though the validity of the following story has been disputed by the U.S. Navy, this urban legend so well-demonstrates the importance of accepting the inevitable that I'll share it with you here. These words are said to be from a radio conversation between a U.S. naval ship and Canadian authorities off the coast of Newfoundland:

**Americans:** "Please divert your course 15 degrees to the North to avoid a collision."

**Canadians:** "Recommend you divert *your* course 15 degrees to the South to avoid a collision."

**Americans:** "This is the captain of a U.S. Navy ship. I say again, divert *your* course."

**Canadians:** "No, I say again, you divert *your* course."

**Americans:** "This is the aircraft carrier USS Abraham Lincoln, the *second largest ship* in the United States' Atlantic fleet. We are accompanied by three destroyers, three cruisers, and numerous support vessels. I *demand* that you change your course 15 degrees north — that's one-five degrees north — or counter measures *will be undertaken* to ensure the safety of this ship."

**Canadians:** "This is a lighthouse. Your call."

Even as you make physical and metaphysical efforts to achieve your goals, keep a note of trust and acceptance playing beneath the surface of your awareness. The best way to accept the inevitable is to keep your eyes focused on the highest eternal reality, within which all your temporal desires and goals are not so very important, after all.