

It's not nice to fool Mother Nature

Once, a man found a butterfly's cocoon. He saw that a small opening had appeared, and as he watched, the butterfly inside the cocoon struggled on and on, trying to force its body through that little hole. Eventually, the man felt sorry for this poor little butterfly-to-be and used a small pair of scissors to snip through the remaining part of the cocoon.

The butterfly then emerged easily, but with a swollen body and small, shriveled wings. The man waited for the butterfly to enlarge its wings and fly away, but it never happened. The butterfly could only crawl around, because this man had, in his kindness, removed the very obstacle that was intended to strengthen the butterfly's wings and fill them with the fluid they'd need to be ready for flight.

Sometimes struggles are exactly what you need to grow, so an approach that teaches you to avoid all obstacles may be also limiting your potential for spiritual and personal growth. How would you like to watch a movie where everything is harmonious and there are no challenges? You'd probably ask for your money back.

If you use metaphysics to create a boring life movie of constant ease and no challenges for yourself, the universal audience may ask for *their* money back!

Distilling the mysterious secrets of the universe down into personal creation tools is fine if what you're wanting to create is in your best interest. But people don't always want what is in their best interests. They want to fulfill animalistic urges and desires that are being generated by the old, primitive reptilian and mammalian parts of their brains; or they want to accomplish things that a limited society has told them to want. This is one reason why looking beyond current societal fads and into teachings of ancient cultures can give you a bigger picture view and helpful guidance on not only how to create, but more importantly, *what* to create.

The cloak of positive thinking

Positive thinking can bring great positive results to your life. However if you're faking positive thinking or covering things up with a cloak of denial or wishful thinking, you may actually be blocking the positive gifts that would have otherwise come to you. Or you could work hard to tap into your creative power and discover that the ending of your "power to create" story looks like most "three wishes from a genie" stories and has become a metaphysical manifestation disaster.

Seriously, how many wish-granting genie stories have you heard that really have happy endings? Usually the person who has received the wishes is lucky if he still has one wish left that he can use to undo all the damage done by his ill-considered previous wishes.