

## Appreciating the Power of Words

### Spiritual Wisdom

*In the beginning was the Word, and the Word was with God, and the Word was God.*

—St. John 1:1

Your entire thought structure is bound together with the threads of language, and these word-based thoughts create the world you experience. Therefore, understanding the nature and power of words isn't only an artistic endeavor, but a personally and spiritually beneficial one as well.

The ability to use words well can uplift all the elements in your life — from your state of mind to your relationships to your career, to winning your case in traffic court. An improved relationship with language also brings improved personal and spiritual growth. According to success coaches, for example, the process of clarifying your desires by writing them down as definitive goals can work wonders in helping you to fulfill your dreams and aspirations.

### How life is like an improvisational play

Have you ever seen an improvisational comedy team in action? A group of actors gathers on stage, and the audience calls out words that will decide the nature of their play, such as where they are, who they are, and what they're doing. Well, you can say that life is also like an improvisational play. We are the actors on stage, and we are also the audience calling out the circumstances that determine the details of the play.

Now imagine that some of the people in the audience don't even know that the words they're calling out will have anything to do with the plot unfolding on stage. They're just randomly saying words like "donut shop!" and the next thing you know, the drama is unfolding in the context of a donut shop. The audience member may not even notice the correlation or may feel surprised, thinking, "Hey, what a coincidence. I was just thinking about a donut shop!"