

Ask for the whole cosmos!

Spiritual Wisdom

As we express life, we fulfill God's law of abundance, but we do this only as we realize that there is good enough to go around — only as we know that all God's gifts are given as freely and fully as the air and the sun.

—Ernest Holmes

One powerful practice is to imagine that you could create anything at all in your life and see what you choose. Sometimes you may think that you want something, but if you really had the chance to create a desired object or circumstance — along with all the attending necessities for maintaining it — you may very well choose what you have now rather than the greener looking pastures over the fence of your previous desires. Taking time to contemplate what you really want in life is a great practice for self-discovery and self-empowerment.

Many people don't even know what their hopes and dreams are, beyond the basic necessities of each day. Taking a few moments to contemplate and even write down your dreams and goals — from your highest aspirations to your most basic requirements — can be an excellent use of a few minutes of your time.

Don't Forget

Remember that many of your desires and goals may be based on societal and culture-based ideas that may or may not be in harmony with the highest will of God or your heart's deepest aspirations.