

Stage 4

In stage 4 of this chart of universal creation (see Figure 14-1), awareness begins to take form. The experience of this stage of universal creation is similar to the experience you may have just before waking up, as your awareness prepares to move from the darkness of deep sleep into the colorful world of your bed and beyond.

When you're about to awaken from a good night's sleep, a vibration of your upcoming wakefulness starts to pulsate through the still field of your sleeping, unconscious mind. You begin to grasp a subtle remembrance of a world outside yourself, without feeling any separation between yourself and the world. You're in a peaceful state of awareness that is free from the complications, expectations, and judgments of ego-based thoughts and desires. The scheduling, thinking mind is not yet in place to diffuse your peaceful awareness into the upcoming responsibilities and concerns of the day.

At this point, you're still one with pure creative Consciousness and free from any sense of limitation. You're completely powerful, with nothing holding you back in any way. You sense a world that exists outside of yourself, yet at the same time you know that you're completely one with everything.