

## Being an Artist of Life

*Every child is an artist. The problem is how to remain an artist once we grow up.*

— Pablo Picasso

Being an artist of life means to express with your full palette of colors and your vibrant creative spark in even the small moments of life. Sometimes you may be painting a happy face, and sometimes you'll be expressing sad tears. Sometimes you are dancing a joyful dance, and sometimes you may be singing a song of loss.

Being an artist of life doesn't mean that you have to become big and famous. Creativity comes in many forms, and from a spiritual perspective, small creative expressions can be as meaningful and valuable as larger ones.

Some express their creativity in cooking, gardening, music, dance, event planning, home design, crafts, business decisions, or journal writing. One of the most creative "jobs" is to be a good parent who comes up with educational and fun projects for your children.

Creativity and spirituality are great friends. Both require qualities such as self-respect, one-pointed focus, openness to inner guidance, and a willingness to express your truth.

### Sharing your abundance

One beautiful form of creativity comes when you feel that you've received so much in life — so many experiences, so much wisdom, and so many blessings — that you must express and share what you've received and learned with others.

When creative expression, gratitude, and service-mindedness come together, your joyful inspiration can overflow the boundaries of ordinary life. Maybe you offer creative service to your place of worship, or you start a blog to share some aspect of your life with the world, or maybe you're a great cook and you offer your skills to a service-oriented volunteer group that brings food to those in need.

When you share the abundance that the universe has given to you, your act of giving back helps to create a beautiful dance of giving, receiving, expressing, and sharing of the abundance of life with the delicious energy of creative service.