

Being guided from within

Once you sense your heart's calling, that connection becomes a guiding light for everything you do:

- With an awareness of your heart's calling, you can measure actions and decisions by the yardstick of your life's mission and eliminate as many incongruous efforts and experiences as possible. For example, you may be a member of certain groups and clubs, but find that these memberships are taking your time and energy away from things that really tug at your heartstrings. Once you sense and understand your heart's calling, you're better able to rearrange your commitments to focus on what is most in harmony with your greater destiny.
- Focusing on your heart's calling will also help you experience and approach life with a greater spiritual respect and vision. When you have the confidence of knowing your heart's calling, you're able to give yourself fully to whatever you do. If your heart's calling is to pick up trash in a community park, you do it cheerfully instead of grumbling about all the inconsiderate schlubs who left their garbage on the ground.
- Focusing on your heart's calling reflects in the world around you and brings more opportunities for you to live in harmony with your great intention. (You can find out more about how your thoughts affect the world in Chapter 15) When your intentions are clear, the world naturally brings what will help you to act and live in harmony with those intentions. When you're focused on your heart's calling, you may find that the right things, people, pets, homes, and jobs come into your life quite spontaneously.

Seek and find your heart's calling, whether it is to bring a beautiful child into the world, to help create better social systems, to give people joy through your cooking, singing, dancing, loving, speaking, praying, or to follow any one of countless possible avenues of expression. If your heart's calling leads you to several different avenues or to one and then another, stay open and trusting, while also using common sense to make good decisions that are both intelligent and inspired.