

From Relationships to Divine Love

Spiritual Wisdom

Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal. And though I have the gift of prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not love, I am nothing.

—1 Corinthians 13-1-2

All you need is love

The topic of love pervades most music, books, and television and movie scripts. Love is the essence of your spirit; therefore, finding ways to release and reveal your love can also help you to experience and express your spirit. Here are some wise words about love:

- One word frees us from all the weight and pain of the world; that word is Love.
—Sophocles
- Love consists in this, that two solitudes protect and touch and greet each other.
—Rainer Maria Rilke
- In love the paradox occurs that two beings become one and yet remain two.
—Erich Fromm
- Love gives naught but itself and takes naught but from itself. Love possesses not, nor would it be possessed; for love is sufficient unto love.
—Kahlil Gibran
- Love takes up where knowledge leaves off.
—Saint Thomas Aquinas
- At the touch of love everyone becomes a poet.
—Plato

Along with the inherent blessings of experiencing love, good relationships can bring great opportunities for spiritual, mental, and emotional growth. Human beings are naturally drawn to relate with other people. It is through relationships with others that we grow and discover more about the world and ourselves. Jesus has said that he is present whenever two or more are gathered in his name, indicating the importance and power inherent in joining with other souls during your journey through life.

Mutual affection soothes the heart, while intelligent conversations spark new vistas of thought. The support you feel and receive from loved ones gives you the strength to move forward courageously in whatever you're inspired to do. Even when some aspects of your relationships may be rubbing you the wrong way, a spiritual focus can help you to see the blessings beneath the irritations, and the lush growth budding beneath the outer storms.