

Understanding how one virtue leads to another

As you become more aware of your spiritual nature and the spirituality of all things, you naturally begin to think and act in greater accordance with the higher good of all. Here are some ways each virtue can inspire more virtues, beginning with the search for higher truth that has brought you to read this book:

- **As you seek truth**, your own sense of honesty strengthens, clearing the way for you to see more clearly into your pure, spiritual heart.
- **As you look into your heart**, you discover and appreciate the presence of spirit and become more content with who you are, how you are, and where you are.
- **As you become more content**, worldly attachments and desires naturally dissolve into the light of your peaceful, happy heart.
- **As you become free from limited desires**, your faith and surrender increase, inviting the beneficence of universal grace to guide your steps.
- **As you allow yourself to be moved and guided by divine grace**, your humility keeps the dastardly ego from tripping your steps (find more on this dastardly ego in Chapter 3).
- **When your ego is kept at bay**, your tendency toward dissatisfaction expands into gratitude for the perfection of everything.
- **When you glimpse this universal perfection**, you attain the gem of equal vision, seeing that everything is made of divine spirit.

This list shows how each virtue leads to and nourishes the next. Of course, you can contemplate many more big and small virtues besides those named in this chapter. I simply present a few of my favorites to help get the ball rolling.